



W E L L W O O D S U S H I M E N U

RYOUNBOKU

Appetizer

Seaweed Salad	7	Edamame	8
		Steamed Soy Bean Add Old Bay +2	
Tuna & Avocado Salad*	17	Salmon Carpaccio	15
Thinly Sliced Tuna with Avocado, Mango with Spicy Mayo & Sesame Seed		Fresh Salmon, Masago, Avocado & Wasabi Citrus Dressing	
Wellwood Special Salad	11	Shrimp Dumplings	10
Crab Salad, Seaweed Salad, Avocado, Cucumber, on top of mixed greens		8 dumplings, steamed	
		Stuffed Jalapeno	11
		Jalapeno stuffed with cream cheese & crab stick, fried golden, topped with eel sauce	

Sushi & Sashimi

2 pieces per order

Tuna*	9	Fresh Crab	9.5
Escolar* or Cajun Escolar*	9	Seared Pepper Tuna	9
Salmon*	7	Shrimp	6.5
Eel	8	Smoked Salmon	8

Sushi Combinations

Served with seaweed salad

Nigiri sushi*	22	Sushi & Sashimi*	34
California Roll & 8 pcs Sushi		Chesapeake Roll, 5 pcs Sushi & 12 pcs Sashimi	
Tuna Family*	27	Fire Island*	26
Spicy Tuna Roll, 4 pcs Tuna Sushi & 4 pcs Tuna Sashimi		Fire & Ice Roll, 4 pcs Salmon Sushi & 4 pcs Salmon	
Una Don	21		
Grilled Freshwater Eel over steamed sushi rice			

Poke Bowls

Fresh fruit, cucumber, edamame, avocado, strips of seaweed, sesame seeds & poke sauce on top of rice

Super* (Tuna & Salmon)	18	Salmon*	14
Tuna*	16	Lump Crab	18
Poached Shrimp	16		

Sake & Beer

House Sake (warm) 5oz or 10oz	6	10	Joto Yuzu 5oz or 10oz	17	32
Hakkaisan "Eight Peaks" Honjozo	25		Kirin Ichiban (Beer)		5
Kikusui "Perfect Snow" Nigori	20		Mio Sparkling Sake		15

*Contains raw items. Consuming raw or undercooked animal foods may increase your risk of contracting a foodborne illness, especially if you have certain medical conditions 7/2019

良木

WELLWOOD SUSHI MENU

RYOUBOKU

Specialty Rolls

Cooked

Al's Signature Roll	14
Fried shrimp, avocado, spicy sauce, topped with crab stick & eel sauce	
Wellwood Roll	20
Tempura lobster tail, avocado, spicy mayo, topped with lump crab	
Merry Maryland Roll	18
Fresh Maryland crab meat & mango inside, topped with Maryland crab meat, fresh wasabi & Old Bay	
Rocky Mountain	10
Baked shrimp, crab stick & spicy mayo on top of rice, served warm	
Green Caterpillar	11
Eel & cream cheese with avocado on top	
California Sweet Dream	15
California roll topped with baked shrimp & crab mixed in a spicy sauce	
Spider Roll	16
Fried softshell crab, avocado, cucumber, masago & crab stick	
Andrew's Roll	17
Fried shrimp, cream cheese, avocado & cilantro inside, topped with baked crab & shrimp	
Crabby Roll	17
Crab stick, avocado & cucumber topped with fresh Maryland crab meat, Old Bay sauce & scallions	

Uncooked

Insane Tuna Roll*	16
Chopped fresh tuna, spicy mayo & tempura flakes, thin sliced tuna & avocado outside	
Chesapeake Roll*	16
Fresh jumbo lump crab & asparagus topped with spicy tuna	
Torpedo Tempura Roll*	15
Tuna, salmon, escolar, cream cheese & avocado with Chef Al's special sauce	
Bay Bridge Roll*	15
Fresh tuna, avocado, hot sauce inside, Cajun seared escolar outside	
Fire & Ice Roll*	15
Fresh Salmon on top of fried salmon & avocado roll with hot sauce	
Golden Sands*	12
Fresh salmon, avocado, scallion & tempura flake outside	
Rainbow Roll*	15
Tuna, whitefish & fresh salmon on a California roll	

Regular Rolls

Cooked

Green Green World	8
Avocado, Cucumber, Asparagus with green soy paper	
Vegetable Tempura	10
Sweet potato & Asparagus	
Philly Roll	10
Smoked salmon, cream cheese & scallions	
Eel Roll	9
Grilled freshwater eel, avocado & cucumber	
California Roll	8
Crab stick, avocado, cucumber & sesame seeds	
Shrimp Tempura Roll	10
Tempura shrimp, avocado	
Charlestown Roll	10
Fried salmon, avocado, sweet onion & spicy mayo	
Cucumber & Avocado Roll	8
Cucumber, avocado	

Uncooked

Salmon & Avocado Roll*	9
Salmon, avocado	
Spicy Tuna Roll*	9
Fresh tuna with spicy sauce	
Tuna Roll*	10
Tuna, avocado	
Crunchy Tuna*	10
Tuna, spicy mayo & tempura flake	

Add Cream Cheese to ANY roll +1, Substitute soy paper +1, Fresh Wasabi +2.5, Extra Sauce +1.5
Substitute real crab for imitation crab stick +7, Substitute tuna for salmon +5

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